



61 Pine Street
Bristol, VT 05443

Telephone: (802) 453-5028

Fax: (802) 453-6105

Regular Office Hours:

Monday 8:00am-5:00pm

Tuesday 8:00am-5:00pm

Wednesday 8:00am-5:00pm

Thursday 8:00am-5:00pm

Friday 8:00am-5:00pm

www.mountainhealthcenter.com

Find us on Facebook!



Welcoming ALL new patients regardless of insurance or ability to pay!

Mountain Health Center

Mountain Health Center became a Federally Qualified Health Center in 2013. We are a non-profit community health center. We serve both the acute and chronic care needs of our patients, focusing on a goal of health, not simple absence of disease.

Mountain Health Center is a medical home where people can engage in coordinated and comprehensive health care, which is important to our practice.

Comprehensive care plans include patient generated goals and specialty referrals. We take care of you when you are ill and work with you to achieve health, recognizing that your health care demands **your** involvement.

Mountain Health Center offers translation services for our patients as well as Telecommunications Relay Service (TRS) and American Sign Language.

Mountain Health Center Provider Team

- Jeff Wulfman, MD
- C. Edward Clark, MD
- Will Porter, MD - Substance Use Disorder Treatment
- Tonya Howard, Family Nurse Practitioner and Substance Use Disorder Treatment
- Suzanne Germain, Adult Nurse Practitioner
- Kielee Pelland, APRN, FNP
- Ed Lieberman, MS, LADC
- Amy Kittredge, MS, LCMH, LADC
- Jessica Lindert, Adult Psych & Mental Health NP
- Charles Biss, MSW, LICSW
- Sumra Harper-Deas, Registered Dietician, CD
- Brian Bates, MD
- Kate LaMancuso, MD

How can our team help you and your family?

After Hours/Holidays/Weekend Coverage

A provider is always available after hours. We share in a call schedule with the physicians of Middlebury Family Health, and the on-call service is managed by Porter Medical Center.

For care outside of regular business hours, call us at **(802) 453-5028** and choose the option to be directed to our on-call service.

For medical emergencies, please call 911.

Mountain Health Center Services

- General Primary Medical Care**, including Family Planning & Birth Control
- Physical Examinations – All Age Groups
- Newborn, Pediatric, Young Child, Teen, Adult and Geriatric Health Care
- Comprehensive Women’s Health Services
- Minor Surgery, including skin biopsies and excisions
- Nutritional and Dietary Counseling
- Vermont Health Connect – Free services provided by our Certified Application Assistants
- Acupuncture & holistic care
- A Sliding Fee Discount Program to all income-eligible patients based on annual household income
- No Deductible for Medicare Part B services
- Laboratory Services
- Behavioral Health & Psychiatric Services
- Medication Assisted Treatment (MAT) for opioid and alcohol dependence
- Ask about our Mail Order Discount Pharmacy program!*

“More than just support. More than just devoted. More than just health care.”

~Unsolicited thanks from a long-time patient~



Red Clover FAMILY DENTISTRY



61 Pine Street
Bristol, VT 05443

Monday 7:30-5:00
Tuesday 7:30-4:00
Wednesday 7:30-5:00
Thursday 7:30-5:00

Telephone: (802) 453 - 3911

Fax: (802) 329 - 2358

**For emergencies, please call 802-453-3911
to reach our answering service**

Red Clover Family Dentistry is a non-profit dental practice located in Bristol, Vermont. Since opening in 2014, Dr. Patrick Rowe and his team have been delighted to provide high quality, patient-centered dental care to the community and surrounding areas. We strive to make our patients feel comfortable and informed about their oral health, by explaining treatment options in the office and providing instruction for care at home. Questions about insurance, services, or even what age to start visiting the dentist? Don't hesitate to contact us. We are happy to answer any questions you may have.

Red Clover Family Dentistry merged with Five-Town Health Alliance, Inc effective August 26, 2019 to provide added support for the dental needs in our community and to expand services offered by **Mountain Health Center.**

Dental Team

- Shalin Patel, D.M.D.
- Louise Brynn, Dental Assistant
- Emma Budine, RDH Hygienist
- Chasity DeMers, RDH Hygienist



Red Clover Family Dentistry Services

- Cleanings
- X-Rays
- Fillings
- Sealants
- Dentures
- Partial
- Crowns and Veneers
- Extractions, including wisdom teeth
- Root Canals
- Tooth Whitening... and more!

Please call our office for more details on services provided.

Sliding Fee Discount Program & Insurances

Red Clover Family Dentistry accepts insurances including, but not limited to, Green Mountain Care (Medicaid), Northeast Delta Dental, Delta Dental of other states, Cigna, CBA Blue, BCBS, Metlife, and more.

Mountain Health Center offers **FREE** outreach and enrollment services to assist patients to navigate health or dental insurance! Please call the center for more information.

After Hours Holidays/Weekend Coverage

For emergencies, please call 802-453-3391 to reach our answering service